

Your Purkal Journal

May 2026



"Every child carries within them the promise of tomorrow. When we nurture their curiosity, confidence, and compassion today, we shape a brighter future for us all"

On To Life Program

In continuation of their education at PYDS, this program a) guides and counsels students in respect of their post school course and career options, b) facilitates admissions and scholarships into quality academic and vocational programs. In this way, the program enables students to pursue higher education and successfully progress into high-quality employment, paving the way for long term economic independence and a sustainable future.

We are very happy to report the initial success of the program with the 2026 batch.



Neetu Rana

Hailing from a family of marginal farmers and trekking guides in the remote village of Kalap, located in the Uttarkashi district, Neetu joined PYDS in 2018 as part of the first Navjeevan batch.

During her time at PYDS, she did well academically and in sports like basketball. Always focused and determined, she topped her batch with a score of 94%.

Neetu has now secured admission to the Integrated BBA/MBA Finance (Commerce Stream) program at the University of Petroleum and Energy Studies (UPES), Dehradun, along with a full scholarship.



Nikita

Hailing from a family of seasonal farmers and casual labourers in the remote village of Kalap, located in the Uttarkashi district, Nikita joined PYDS in 2019 as a part of the first Navjeevan batch.

During her time at PYDS, she pursued the PCMB stream and excelled in academics. Always focused and determined, she achieved an impressive score of

88.4% in her board examinations.

Nikita has now secured admission to the B. Sc Mathematics program at UPES, Dehradun, along with a full scholarship.



Purnima Lakai

Hailing from the village of Chopra Sar, located in Mussoorie, where her father works at a local shop, Purnima joined PYDS in 2024.

During her short time at PYDS, she utilised the opportunity provided to the fullest. Pursuing the PCB stream, always focused and determined, she achieved a score of 87.4% in her board examinations.

Purnima has now secured admission to the B.Sc. in Food Technology program at UPES, Dehradun, along with a full scholarship.



Zaysha

Hailing from the hills of Jharipani, Mussoorie, Zaysha's father works as a local driver and is the sole breadwinner of her family. She joined PYDS in 2024.

Making full use of the opportunity provided in the short stint available to her, Zaysha excelled in academics, simultaneously showing a strong interest in art and painting. Always focused and determined, she topped the humanities stream with

an outstanding score of 92.40%.

Under the guidance of her arts teacher, Zaysha created a portfolio of outstanding art and design works. On the strength of these, Zaysha has now secured admission in the B. Design in Communication program at Pearl Academy, New Delhi.



Jaya Hemran

Jaya's father has been working as a cleaner at PYDS for 22 years. She has been with PYDS since the inception of her studies in 2014.

During her time at PYDS, she demonstrated consistent academic dedication. Always focused and determined, she achieved an impressive aggregate score of 86% in her board examinations.

Jaya has now secured admission to the BBA (HM). program at Amazon Institute of Hotel Tourism & Management (AIHTM). This institute offers campus placement opportunities.



Vikas Rana

Hailing from a family that relies on farming and grazing goats and sheep in the remote village of Kasla, located in the Uttarkashi district, Vikas joined PYDS in the Navjeevan batch of 2019.

During his time at PYDS, he demonstrated consistent academic dedication. Always focused and determined, he achieved an impressive aggregate score of 77.4 % in his board examinations.

Vikas has now secured admission to the BBA (HM) program at Amazon Institute of Hotel Tourism & Management (AIHTM). This institute offers campus placement opportunities.

SPIC MACAY: Music at PYDS

"In the melody of tradition and the silence of a captivated audience, we find the true purpose of music"



On the 7th of May, our school had the honour of hosting the legendary Hindustani classical vocalist, Pt. Bhuvanesh Mukul Komkali, a son of the legendary Pandit Kumar Gandharva, who was well known for his unique style.

This event was organised with the support of SPIC MACAY, a society dedicated to introducing Indian classical music and culture to the youth by bringing these programs to PYDS students at no cost.

Swastika Rawat (X A) introduced the artistes for the evening to the audience, which consisted of students from classes VIII, IX, X, and XI, as well as music students from class XII.

Pt. Komkali initially pursued a different path before realising music was his true calling. After undergoing formal training under his family and overcoming various obstacles, he has become an accomplished international artist.

Panditji was accompanied by Chetan Nigam on the harmonium, Shambhunath Bhattacharjee on the tabla, and Varsha Bansawal providing vocal support.

He began his performance with an intensely expressive rendition of Raga Multani, presenting a Vilambit Khayal, a slow-paced vocal composition based on Teen Taal.

Our vocal music teacher commented, *“Multani is an intense raga. Listening to such a great artiste with a renowned legacy was a surreal experience.”*

For the second half of his performance, he sang a profoundly moving rendition of the Kabir Das hymn, *“Nirbhay Nirgun”*. A deep silence fell over the audience as his soulful voice reverberated through the auditorium.

He concluded his performance by answering students' questions about his journey, sharing a heartfelt story about performing for cancer patients at a hospital in South India. On that visit, a young child was so deeply moved by the performance that he hugged Panditji and wept; during his final days, that same child kept listening to his music. Reflecting on this, Panditji emphasised that music's power as a universal language is exactly what motivates him to keep performing and enriching the art.

The session was immersive and inspiring, motivating students to continue working hard toward their passions.

Kalataru - An Inter School Visual & Performing Arts Competition

“The object of art is not to reproduce reality, but to create a reality of the same intensity” - Alberto Giacometti



On May 2nd, the 6th edition of the 'Kalataru' Visual & Performing Arts Competition at the OASIS School, Dehradun, felt less like a traditional contest and more like a massive, breathing canvas. Spanning the entire campus of the school, the events enabled our 12 member team of participants to step out and translate raw ideas into tangible art across five incredibly distinct categories:

i) Beyond Proportions: Vansh Gupta and Muskaan of class XII represented our school in this category. Using clay and wire, they sculpted a thought provoking 3D installation featuring a beautifully constructed tree and a balancing boat to highlight humanity's complex relationship with the environment.

ii) Geochromatica: In this technically precise event, a duo of Tamanna Singh (XII C) and Ayushi Sharma (XI C) merged geometry with history. They created a striking abstract geometric portrait of former Indian President Dr A.P.J. Abdul Kalam set against a detailed rocket launch backdrop.

iii) The Pulse of the Pavement: Showcasing inter class collaboration, our junior schooler Kritika (XI B) was guided by her student mentor Karan Kumar (XII B). Together, they painted a motorcycle, beautifully adorning it with vibrant highway truck art motifs in culturally symbolic colours like deep crimson and rich green

iv) Patch and Pixel: Racing against a 3 hour countdown, Ranu Chauhan (X A), Sneha (X B) and Neha Parmani (XI C) had to transform a massive 7 foot curtain fabric completely. Piecing together scraps of cloth to form butterflies and flowers, they hand-stitched intricate natural motifs and refined the pieces with elegant threadwork, achieving astonishing results.

v) Gilding: Working on a 40×30 inch canvas, a trio of Manvi (IX B), Hansa (X A), and Vijay Laxmi (X A) utilised the gold leafing technique to bring ancient opulence to

life. Their Indo Islamic inspired masterpiece depicted a regal woman dancing within a dimly lit palace, beautifully illuminated against a dramatic palette of deep royal blues and midnight blacks.

The competition provided our students with multiple invaluable platforms to test their skills within strict time limits and specific parameters in a highly competitive inter school environment. Observing the varied styles, mediums, and techniques of their peers from across the Dehradun region greatly broadened their artistic horizons. Every competition is a stepping stone, and while this one may not have ended with prizes for any of them, the experience, lessons, and insights our students gained are invaluable and will motivate them to strive even harder in their next endeavour.

Outdoor & Experiential Learning Local trips

"Education is not just about listening and reading; it is about stepping out, touching history, feeling science, and experiencing the world in all its wonder"

In May, students from classes VII and VIII and Navjeevan Batch 8 set out on the PYDS's Outdoor & Experiential Learning. This initiative is built on the philosophy that true education extends far beyond classroom walls, thriving instead through direct engagement with the world. Their journey took them across Dehradun to explore three distinct environments: the historical Survey of India Museum, the bustling Pacific Mall, and the innovative Science City, each offering them a unique perspective on community, culture, and discovery.



Survey of India Museum

On May 15th, 52 students of class VIII visited Survey of India Museum. Equipped with notebooks, pens, and water bottles, the group gathered early, eager to depart at 10:00 AM sharp.

The visit began with an orientation session where presenters narrated the history of the Survey of India, which was followed by an elaborate tour of the premises. The institution houses several unique and intriguing artefacts, such as the first copy of the Indian Constitution, the initial map of India, and ancient relics belonging to the Harappan Civilisation. Particularly fascinating was "Basevi Memorial Clock", a 150 year old mechanical, handmade timepiece that is one of only two in the world, with the other being located in London. Seeing these remarkable pieces of history up close made the experience both educational and memorable for our students.

During their walkthrough, students learned about the traditional equipment used for survey and landscape measurement, such as the Great Theodolite. This gargantuan device features 3-foot (36- inch) diameter graduated brass circles and weighs up to half a ton. The students were amazed by its massive size and the fact that twelve men were required to carry it.

The students were taught in detail how GPS (Global Positioning System) technology works. They were also informed about the various satellite navigation systems used by different countries around the world to circumnavigate the Earth.

As the group walked through the museum, many students inquired about the massive portraits hanging on the walls. The guide explained that these were displayed to honour the dedicated surveyors who had mapped regions like Ladakh entirely on foot.

The exhibition concluded with an inspiring story of the team that measured the elevation of Mount Everest. This left the students with immense pride and wonder at their country's history and the tireless efforts of the many surveyors who helped shape the nation by mapping its boundaries, a monumental task that consisted of days of travel through difficult terrain.



Pacific Mall

On May 12th, 11 students from Navjeevan Batch 8 visited Pacific Mall in Dehradun to experience a part of the city's modern infrastructure, its functionality, and everyday operations. For most of the children, stepping inside a shopping mall was

a first-time experience. The moment they entered, they were struck by awe at its sheer size and the dazzling variety of shops. The glitter and spectacle of the mall instantly captivated them. Mohit, in particular, stood mesmerised by the massive scale of an eight-blade ceiling fan.

The group was then guided towards the escalators. Recognising their anxiety, the accompanying teachers stepped in with utmost care to assist the nervous students. *"It was so fast"* Shivanya later exclaimed. Moving step by step, the children learned how to safely board and exit the moving stairs, gradually overcoming their fear and easing into the experience.

After exploring various sections of the mall, the children visited Store 99 and the Scholastic Bookstore. They walked excitedly through the vibrant aisles, marvelling at the wide array of toys, stationery, books, and everyday items. The walkthrough sparked their curiosity as they observed how products were systematically organised and displayed. They especially loved browsing through the books, eagerly discovering new stories and captivating titles.

Next, they headed to the PVR cinema complex. There, their Hindi teacher, whom they lovingly address as "Guruji", took them to the ticket counter to demonstrate how movie tickets are booked.

Before making their way to the food court, the students stopped at the Funky Kingdom arcade, where they were fascinated by the assortment of games, especially the wobbly toy bikes. Finally, they reached the food court. Upon seeing the busy service counters, Gaurav curiously asked, *"Where do they cook all this food?"* To answer his question, the instructors took the students to KFC to observe its open-kitchen layout. Watching the sizzling fries, specialised equipment, and bustling workstations filled the children with wonder. While some relished the burgers and others simply enjoyed their drinks, the meal became a joyful, shared celebration filled with hearty laughter.

For these Navjeevan students, who are drawn from remote villages across Uttarakhand, this day was far more than a simple excursion beyond the familiar walls of their school and hostel routine; it was a profound window into a wider world. The trip didn't just end at the mall; it lived on at the lunch table, where their eyes shone with newfound confidence as they eagerly shared stories of their brave steps and wondrous discoveries with friends and teachers, carrying home memories that transformed how they see the world.



Science City

On May 7th, 48 students of class VII embarked on an immersive learning experience at Science City. The facility houses dynamic exhibitions and installations that seamlessly blend physics, earth sciences, hydrology, history, and anthropology into an interactive, real-world context.

The students first explored “The Prehistoric World”, stepping directly into the ancient domain of dinosaurs and fossils. Here, they practised field data gathering by mapping the heights, lifespans, and evolutionary milestones of prehistoric species like the Triceratops. They meticulously documented the structural adaptations of ancient fauna, extracting data from informational boards detailing massive creatures that weighed up to an astonishing 550 kg. A major point of curious discussion arose around the fossilised dinosaur eggs, where students closely observed shell impressions perfectly preserved over thousands of years.

Next, the group moved to the outdoor exhibition area, which features installations designed to demonstrate fundamental scientific laws, including the Gravity Chair, the Sympathetic Swing, and the Eco Tube. The Whispering Garden caught their special attention, flawlessly demonstrating the principles of acoustic reflection and the focusing of sound waves.

Heading into the main building, the cohort visited the Himalayan Gallery to learn about the unique geography and fragile ecosystem of the mountain terrain. Diving deep into the concept of orographic mapping, the students worked with a guide to analyse the world’s ten tallest peaks. Next, using an interactive, 3D mud-and-water river explorer map illuminated with LED pathways, they carefully traced the paths of the Alaknanda and Bhagirathi rivers. They also explored cultural exhibitions detailing the traditional lifestyles and cultural practices of the Jaunsari and Bhotia tribes.

The most exciting part of the day awaited them at the 3D theatre, where they watched immersive documentaries on the solar system and marine life. Afterwards, in the Planetarium Simulator, the students practised real-time celestial navigation, pointing out prominent constellations like the Saptarishi (Ursa Major / The Great Bear) and locating the fixed position of the Dhruv Tara (North Star).

The students concluded their tour at the Fun Science Gallery. There, various interactive exhibit modules demonstrated core scientific principles in action, such as "The Magic Tap," which illustrates the refractive index illusion, and the "Floating Ball," which beautifully reflects Bernoulli's Principle.

The visit proved to be a highly engaging learning experience, successfully igniting the students' curiosity and helping them appreciate the exciting side of science. Reflecting on the day, Aaliya shared, *"I learned that science isn't just a subject meant for reading out of a textbook. Science can actually be fun!"* Similarly, Satish Rana summed up his experience, saying, *"I learned from Science City how fossils are found in the Himalayas. I also learned about the culture and habits of different tribes. Additionally, I learned about the dinosaurs, how they lived before humans, and details about their lifespan, weight, and height."* Through their experiences, the students saw their textbooks come alive, discovering that witnessing scientific concepts in action makes learning truly unforgettable.

Basketball Matches

"If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it" - Michael Jordan



The District Junior (Under 18) Basketball Championship, organised by the Dehradun Basketball Association, was held at the Doon School from the 8th to the 11th of May. Twenty four PYDS students from classes VIII to XII took part, with twelve girls and twelve boys forming teams. Match days began early, with the school bus leaving at 6:00 AM to reach the venue by 8:00 AM.

The girls' basketball team delivered a strong performance and won two of their four matches, against Aryan School and Subhash Chandra Bose Academy, to secure a spot in the quarter-finals. In the next round, they faced a highly competitive match against Welham Girls' School. Our girls held the lead for most of the game, but momentum shifted against them in the final phase. Welham managed to close the gap, narrowly taking the victory with a close score of 27–25. Although the girls walked off the court disappointed, their coaches proudly reminded them that they had proven themselves to be fierce competitors right until the final whistle. Meanwhile, the boys' team faced a much more challenging tournament, bowing out during the initial league matches.

The girls' momentum didn't stop at the district level. From players of seventeen schools who participated in the district championship, two of ours, Renu Rana (XII A) and Bhawna Mahara (X B), were selected for the Uttarakhand Junior State Basketball Championship, held at the Parade Ground, Dehradun, on the 13th and 14th of May. Playing for the Mussoorie Division team, they won their league match to top the pool until a strong team from Pauri ended their run, once again at the quarter-finals.

For Renu Rana (XII A), this season completely transformed how she views the sport. *"Competing in consecutive quarter finals at both the district and state levels in a single season shifted my perspective from only playing basketball as a game to truly understanding it,"* she said. *"Our losses didn't define the season. Instead, they gave us a clear blueprint of the standard required to win at the highest level, making us much tougher for the next challenge."*

Bhawna Mahara (X B) spoke as much about the people as the matches, new players from other schools, conversations between games, and lesson learned from each one. *"Basketball is not just a game where we dribble the ball and shoot,"* she said. *"It is about strength, teamwork, understanding, cleverness and focus."*

For our students, this championship was less about the final scores and more about the foundation laid for the future. While the scoreboard may not have swung in their favour this time, the tournament proved that these athletes possess the grit, adaptability, and heart required of true champions. With invaluable experience under their belts and a renewed vision for the game, the PYDS boys' and girls' teams are already looking ahead to next season, ready to shatter boundaries and return stronger than ever.

Annual Eye Check-up Camp Prioritising Vision and Health

"Of all the senses, sight must be the most delightful" - Helen Keller



Prevention and early detection have been cornerstone principles of our health initiative since its inception. In accordance with these, PYDS requested Vivekanand Netralaya, Dehradun, a charitable eye hospital, to conduct a comprehensive eye examination camp for all its students. The program ran over two days - May 22nd and 23rd, and benefited 409 students and school staff members.

This at no cost medical camp was conducted in our school infirmary with the complete logistical support from our School Nurse. We were fortunate to have Dr Chitrangda, Dr Madhu, and their medical teams, including an optometrist and support volunteers, provide their services from 9:00 AM to 3:00 PM on both days.

To prevent rush and chaos, a disciplined process was followed throughout the two-day drive. Students were called class by class and examined in order of their roll numbers, during which the doctors conducted detailed vision and corneal examinations. Meanwhile, administrative and support staff members were accommodated flexibly, dropping in for their checkups whenever their schedules permitted.

The screening began with form filling for official records, followed by a standard visual acuity test where students read letters of varying sizes displayed on the wall. For those experiencing vision difficulties, advanced diagnostic tools were brought in: a handheld auto-refractor provided objective measurements, followed by a trial

frame for precise subjective testing.

After completing their individual checkups, the children were provided with suitable corrective treatments and practical advice on eye care. Divya Verma (X B), experiencing acute light sensitivity, was immediately given appropriate eye drops and guidance on protecting her sight.

While most students were prescribed anti-allergic eye drops, treatments for watery discharge, or advice on sun protection, a few cases required deeper clinical attention. Notably, two students, Shivanya and Garima, from the Navjeevan Batch VIII were diagnosed with retinal displacement and were advised to undergo corrective surgery at a more appropriate age.

Additionally, students identified with weaker eyesight or more complex eye conditions have been referred for specialised follow-up care. We are arranging for them to visit the Vivekanand Netralaya facility in Dehradun for a comprehensive, advanced eye examination in the coming days.

We extend our heartfelt gratitude to Vivekananda Netralaya and its team for their invaluable service and dedication to ensuring the health and clear vision of our PYDS community.

Inter House Dance Competition

"To dance is to be out of yourself. Larger, more beautiful, more powerful"

- Agnes de Mille



Dance is a powerful medium through which a wide variety of emotions find expression, energising the body, opening avenues for creative exploration, and liberating the soul. To nurture talent and foster a healthy spirit of competition, the Inter-House Dance Competition was held on May 30th, the concluding day before the summer vacation. The event was divided into three categories - Primary, Middle, and Senior, with students competing across the four houses: Amaltas

(Yellow), Dhaak (Green), Gulmohar (Blue), and Kachnar (Red) in each category.

Preparations commenced on April 15, with all participants training under the guidance of two dance teachers. Balancing academic schedules to make time for practice, both teachers and students invested both time and dedication into bringing out the absolute best in every performance.

Long sessions of dedicated practice culminated in a spectacular set of performances where the little ones stole the show with high-spirited, groovy and peppy songs like *"Mix on the Floor"* by Amaltas, *"Dreamers"* by Dhaak, *"We Will Rock You!"* by Gulmohar, and a joyous finale of *"Can't Stop the Feeling"* by Kachnar House. Stepping onto the stage for the very first time, Nitya Thapa of class I, didn't let initial shyness or nervousness hold her back; she completely stole the spotlight with an outstanding performance.

The middle school students took the audience on a mesmerising tribal folk dance journey across India, beautifully showcasing the coastal simplicity of Goa's Kunbi dance, Nagaland's fierce warrior spirit, the powerful acoustic rhythms and synchronised stomping of Chhattisgarh's Bastar region, and the soulful community essence of South Odisha's Dhemsas dance. Tanvi Thapli (VIII B) shared, *"It helped me to connect closely with different cultures, especially Odisha's, which I was part of, and learn how the Dhemsas dance reflects rich traditions and a connection with nature."*

The seniors brought tales of grit and resilience to life, captivating the audience with their theme, *"sports stories, drama through dance."* The choreography masterfully fused athletics with artistic expression across different houses: Basketball (Amaltas), Hockey (Dhaak), Wrestling (Gulmohar), and Cricket (Kachnar). Aditi Thapa (XII B) said, *"While synchronising the steps to a theme appropriate song was a challenge, it taught me patience, leadership, and cooperation."*

At its conclusion, it felt like much more than a competition. Every powerful performance and dramatic sequence served as a breathtaking reminder that while the students belong to different houses, the entire school community beautifully dances to the very same heartbeat of passion, hard work, and tradition.

Following the summer break, results were announced at the assembly on June 17th. Kachnar House triumphantly secured the overall first position. They were followed by Dhaak House in second, Gulmohar House in third, and Amaltas House in fourth. Principal Ms Diana Luji warmly praised the participants and encouraged all students to discover their talents through future inter and intra - school competitions. She concluded by thanking the students and dedicated teachers for making the occasion a memorable success.



Nebraska (USA) Teacher Scholars Visit PYDS



On May 29th, a 19-member teacher candidate delegation from the University of Nebraska's Teacher Scholars Academy, led by Ms Paula Jacobo and Dr Justin Andersson (Director, UNO Teacher Scholars Academy, Omaha, Nebraska, United States), made a day-long visit to PYDS. The purpose of this visit was to observe our holistic educational model, exchange pedagogical strategies, and provide American teachers with a deep look into international educational frameworks. Throughout their time, they engaged deeply through classroom observations and shared cultural experiences. The teachers also co-taught several classes, emphasising visual and conceptual learning over rote memorisation. In class V, they led an engaging mathematics session, while their interaction with class II students left a lasting impression, aided by their curiosity and vibrant energy. In addition to spending time in the classrooms, the visitors toured the AI Lab and watched students practising for the upcoming inter-house dance competition in the

auditorium.

Members commented on the nature blend and functional look of campus infrastructure, noting how inspiring it contrasts with typical urban school structures in the United States. The leadership team generously rated their visit as one of their most valuable field experiences worldwide, outshining their previous destinations in Puerto Rico, Uzbekistan, and Kenya.

In his feedback, Dr Andersson commended PYDS highly for pursuing its mission with absolute integrity, noting that faithful perusal of the school's vision in its confident, well-rounded students. *"The school's daily mission is carried out with complete integrity, clearly visible in the confidence and well-rounded nature of the students,"* he said.

This highly successful exchange has laid the groundwork for a lasting partnership, with the Teacher Scholars Academy now planning to make our school a permanent fixture in their biennial study abroad rotation.

We are proud of Riya Thapa (PYDS batch 2019)

*"Choose your path, stay committed, work hard, and be consistent with
your goals"*



Riya Thapa, a 2018 - 2019 alumna, comes from a family of five in Dhanaula, a small village just outside Dehradun. She was raised alongside her elder brother and sister by their mother, a homemaker and social worker. Her journey took a pivotal turn in class IX when she joined PYDS as a hostel resident. Her time here was spent actively in sports and culminated in a district gold medal in boxing and selection for the prestigious Mary Kom Regional Boxing Foundation in Manipur. She later graduated with a Bachelor's in Arts degree from D.A.V. College, Dehradun, all while competing at the national level in boxing. Today, as one of Uttarakhand's first female professional Mixed Martial Arts (MMA) fighters, she is currently a trainer and a true trailblazer who inspires the next generation by training upcoming athletes at Mutant MMA Academy in Dehradun.

Reflecting on her growth and the milestones that shaped her, Riya shares:

"Joining PYDS was a massive transition for a shy child like me, but the supportive environment quickly taught me discipline, humility, and the importance of uplifting others. Participating in debate, dance, and sports clubs helped me explore my potential, culminating in a class X district gold medal in boxing. This achievement led to a life-changing milestone: being selected for the prestigious Mary Kom Regional Boxing Foundation in Manipur, made possible through PYDS's financial

backing. Beyond sports, school trips like our journey to Odisha deeply broadened my horizons.

My path after school required true resilience. Following a serious shoulder injury in Manipur, I returned to Uttarakhand, completed high school, and balanced science studies with boxing. I later graduated with a B.A. from D.A.V. College to keep my athletic focus sharp, eventually competing in three National Championships, representing my university in the 54 kg category at the All India Inter-University competitions, and fighting in Khelo India.

In 2021, I transitioned to amateur Mixed Martial Arts (MMA) and turned professional in 2023. Today, alongside training others, my five-year goal is to compete in a top global MMA organisation in the United States, proudly representing India and inspiring girls to pursue their passions fearlessly.

To my juniors at PYDS: never be afraid of making hard choices. Balance your education with your passions, and build your confidence step-by-step. PYDS is a uniquely special platform providing everything from nutrition to academic excellence; make the most of it, as your growth ultimately depends on your own efforts. I am deeply grateful to PYDS for shaping my foundation for life."

Donate to spread smiles!



"With the sun high and the school year ahead, we reflect on a season of remarkable growth and resilience. We owe our deepest thanks to the steady hands and generous hearts of our supporters who make this holistic journey possible. Wishing our entire PYDS family a refreshing, safe, and inspiring summer ahead."

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