



Durkal Youth Development School

Extract from the Report:

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Participants:

Ayushi Rana

Mohd Aneesh,

Annapurna Chauhan

Rohan Panwar

Sagar Sharma

Ritesh Singh,

Deepak Thapa,

Abhishek Maurya

Rishabh Jain

Experience of our students to NIM

NIM (Nehru Institute of Mountaineering) one of the most famous and best mountaineering institute of Asia. Abhishek Maurya, Mohd Aneesh, Annapurna, Rohan Panwar, Sagar Sharma, Ritesh Singh, Deepak Thapa, Rishabh Jain and Ayushi Rana were the ten lucky students who got a wonderful chance to visit NIM and to participate in 181st adventure course .We all have only heard about this and now got the opportunity to be a part of this institute.

Tired with the monotonous work, wishing for something new and exciting and thankfully god has listened to our pray. 20 days before we were told about the trip to Uttarkashi. 10 students have to be chosen for this .We feel very lucky

to be a part of this trip and its like dream come true for all of us.

In the beginning we were very nervous as well as very excited as for the 1st time we were going for a mountaineering trip without our parents or teachers which serve as a guidelines for us and help and guide us in every problem. But for 15 days we have to be all alone with no one around whom we know much and who cares about us expect our group of 10 students but we overcame and hid our anxieties because we want a break.

started our journey to Uttarkashi. We all were very happy and were



busy weaving our thoughts – what will be there, what we will be doing there, how much fun we will be having so everything was going on and on in our mind. In the evening we reached there we all were very happy as we were feeling like free bird. There we first registered our name and were allotted the rooms in the hostel.

Next day we had a brief introduction with all 90 students who were selected for this mountaineering trip like all of us, our instructors and principal of NIM which followed by division of students into groups. So we had 10 groups comprising 9 students each. We were very happy as we



On the 1st day of our journey we were told to assembled there in Purkal and with the blessings of our teachers and elders we



made many new friends

They shared their experiences and some beautiful moments of their lives with all of us. Our instructors though not very interactive but helped

us whenever we asked. They showed as their campus. Every day we had physical exercises. After doing that we were like full of energy and felt very active. It was very tiring but we used to do that with full enjoyment and the breakfast we had after that was osem that we forgot all our tiredness we were in.



We were shown the equipments which we have

to use during our adventure course .Some of them are Rucksack (bag), Mattress, sleeping bag, long selling, water bottle, mustine (utensil for eating food), wind sheeter, poncho (raincoat) etc. each one of us was given the equipments and we were very happy to get that and it seems as if a child has got some toys to play with. We were also laughing after hearing the names of



the equipments. That day we were full of laughter. There we were given many tasks to do which were both adventurous as well as dangerous.



Next day we all packed our bags for 4 days outing at Tehkla. It was a beautiful place. From hostel we marched 13-14 km to Tehkla! We were very tired after that long

walk, so we had juice to refresh our body. After that we were back on our work, we pitched tents and made arrangements for our task. There we did rock climbing, jumaring, rappling which we were finding very difficult after seeing others doing that. We were very nervous and scared but when we did ourselves then that was the thing which we were enjoying the most. We were no longer timid and nervous and if given a chance we would have done it again.

In the beginning we were very nervous as everything was new for us. We were thinking that it will be a little difficult for all of us to do but somehow we gathered our courage and were successful in accomplishing the given task. The task which we found the most difficult one was that of river crossing because the flow of water was very high as well as it was very Cold that we were finding it very difficult to keep our balance in that heavy flow .Since we had not bathed for three days so we were also very excited to go into the river. So all and all it was both terrifying and enjoying. In the evening we came back from there walking and we were so tired that we were looking for a bed where we could stretch our arms and legs. We all looked pathetic.

In the hostel we also had seen a movie 'Vertical limits' which was based on Everest expedition. It was a very beautiful movie, very inspiring that we wanted to climb the Everest in the same way as was done by the characters of the movie. Before our second outing we did

artificial wall climbing, obstacle racing, cross country and also had speech competition. Artificial wall climbing was very tough but was very interesting to do. As a lizard crawl on the wall, in the same way we were also crawling on the mountain. It was great fun. Obstacle race was also full of enjoyment, one of the most interesting part of this activity was Brahma bridge which was very scary and where we have to maintain our balance on the rope.

There in every step we were learning something without sitting in just one corner of a room .We learnt how to pitch tents, reading maps etc .In the second outing we did point to point march which was a group competition. In this we have to use map and had been told to reach to our destination i.e. Oyali without the assistance of our instructors. It was very interesting; the distance which we had to cover was very long and had to cross the forest where the most troubling thing we faced were the leeches. We were very tired that we did not want to walk further and also we were carrying those heavy equipped bags on our backs that it almost broke our backs.

On reaching Oyali, we found it a beautiful place with grass looking so serene and quiet. There we pitched our tents, took rest for some time and then had dinner.

In Oyali we visited Chaurangi khal and Nachiketa Taal which were in the middle of the forest.

Oyali was a big place. There we enjoyed the beauty of the nature and felt how calm it is. We were feeling lucky to be in the lap of nature. From Oyali we came by bus to hostel and feeling so happy and relaxed that we do not have to walk back. There in the hostel we prepared for graduation ceremony and camp fun. We prepared dances, skit, songs, small plays etc for camp fun to relax ourselves. Preparing for camp fun was very exciting as for the first time in those 15 days we were enjoying together and were free to do whatever we wanted. In graduation ceremony we got batches of NIM by the Chief Guest and students were also awarded who came up with flying colour in different activities and competitions,

In the evening we had our camp fun where we enjoyed a lot. We saw different types of dances and plays and they were very thrilling. We also gave our performance in front of those 90 students and were feeling very confident and we were not taking that for a competition, we were just enjoying ourselves and feeling free that we do not have to do any activity.

But in some corner of our heart we were also sad as very soon we will be leaving that place and friends with whom we had spent those 15 days which were some of the most beautiful moments of our lives. We left the place at 6: 00a.m. All were very sad and depressed. There we exchanged our numbers and id's with our colleagues. Also we were

happy to go back home which is considered to be the most peaceful place for any person. All and all it was a good experience for all of us. We learnt many things from this trip to Uttarkashi and the most important of all, we want to thank PYDS and IAYP for giving us this wonderful opportunity where we got to learn many new things and it was a good exposure for all of us. Lastly we can say that always ready to face challenges and enjoy life as much as you can that is what life is all about. Don't back step in any stage of life whether it is good or bad. In fact dare all the challenges for a successful life.

