



# Purkal Youth Development Society

*Rising to a Better Future*

Purkal Village P.O: Bhagwantpur, Dehradun - 248009, Uttarakhand, India  
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## HELPING US TO HELP BETTER

### Fund A Meal and Healthcare Scheme

Briefly stated, the **Purkal Youth Development Society** is a registered charity dedicated to enhancing the lives of disadvantaged rural youth through education and empowering women through skill development.

We work in a **rural village outside of Dehradun called Purkal** located in the foothills of the Himalayan Mountains in Northern India. **Many families in the area lack basic education and skills**, and suffer from various cultural and social problems that keep them locked in a continuous cycle of poverty. The families often struggle to survive on a low, single income and have little opportunity to improve their situation. The children do not have access to properly managed primary schools, good role models or support services and as a result, lack the motivation and opportunity for a better life.

Our organization was established to address these concerns and enhance the opportunities available to this community. The effort commenced nine years ago with only one teacher and a handful of students and today embraces over 140 students and 70 women. The society is divided into two initiatives - one connected with the **education of youth** called **Yuva Shakti** and another related to the **empowerment of women** called **Stree Shakti**. **All donations to the Society enjoying exemption under Section 80(G) and 35 AC of the Income Tax Act.**

### FUNDING A DAY'S MEAL

We at PYDS believe that **attention to nutrition and healthcare is essential for ensuring the proper development of children and their ability to learn**. With donations from our Fund A Meal and Healthcare Scheme, we have been able to provide **over 140 students** who attend our Learning Center a **daily nutritious meal of rice, Dhal, a cooked seasonal vegetable and salad**. This scheme also helps us to ensure that our students receive quality medical care. Through our **healthcare program**, the children receive an annual health check-up, updated immunizations and care for illness and any health related problems that occur throughout the year. A Nursing Home provides us support in terms of beds and medical care.

With your support, we can continue to ensure proper health and nutrition for our students. Every meal costs Rs. 1500/-. It has been common for friends to recognize a significant event by sponsoring a meal for the students at our center. **Many people have chosen to sponsor a meal in the name of a birthday, wedding anniversary, or the passing away of a loved one.**

We announce the donor of every meal on a board fixed at the entrance of our kitchen for all those receiving a lunch to view. A photo of the message with the students is sent to the donor after the date. An annual reminder is sent 15 days previous to the date to the donor, if desired.



Those interested in sponsoring a meal to **support our Fund A Meal and Healthcare Scheme** may send information about the recognized date to the above-mentioned address. Once we know of the dates that you wish to commemorate, we shall carry out your instructions at the appropriate time. Cheques should be in the name of the Purkal Youth Development Society.

Website: [www.purkal.org](http://www.purkal.org) E-mail: [purkalsociety@hotmail.com](mailto:purkalsociety@hotmail.com)